

ACTIVITY AND EXCURSION PROGRAMME



SOME EXAMPLES OF THE ACTIVITIES

Thanks to this programme, our students discover their new environment and, in the process, meet new friends, teachers and camp councillors.



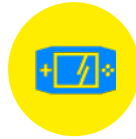
A visit to the centre of Montpellier



Volleyball and beach games



Countryside, river, sports.



Farewell evening party at the beach.



Cinema, bowling



«Photomania»



Aquarium, laser tag

The full programme of activities includes beach sports, beach evenings, bowling, ice skating, and Photomania... which are all compulsory and supervised by qualified LSF/IEF staff.



Grotte de Clamouse



St Guilhem-le-Désert

During all the activities, the camp councillors accompany the students and supervise them 24/7 throughout their stay.



Our activity programme offers a complete variety of exciting sports, museum visits, treasure hunts, and excursions. Not forgetting the unmissable remarkably golden beaches and the fine sand of the Mediterranean.



TYPICAL PROGRAMME

SAMPLE PROGRAMME FOR 1 WEEK IN HOST FAMILY



| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| MORNING | <p>8h30 - 9h30 New students: test + welcome Old étudiants: welcome</p> <p>Break</p> <p>French courses 12h30</p> | <p>9h30 French courses</p> <p>Break</p> <p>French courses 12h30</p> | <p>9h30 French courses</p> <p>Break</p> <p>French courses 12h30</p> | <p>9h30 French courses</p> <p>Break</p> <p>French courses 12h30</p> | <p>9h30 French courses</p> <p>Break</p> <p>French courses 12h30</p> | <p>9h30 French courses</p> <p>Break</p> <p>French courses 12h30</p> | <p>9h30 French courses</p> <p>Break</p> <p>French courses 12h30</p> | <p>9h30 French courses</p> <p>Break</p> <p>French courses 12h30</p> |
| AFTERNOON | Lunch break | Lunch break | Lunch break | Lunch break | Lunch break | Lunch break | Lunch break | Lunch break |
| | Montpellier visit | Pool | Free Time and Games at Camp and Parc Montcalm | Beach + Dinner | Ice skating rink Or Aquarium Or Laser Game Or Shopping | Daytime Excursion | Daytime Excursion | Daytime Excursion |
| EVENING | Evening in Host Family | Evening in Host Family | Evening in Host Family | Evening in Host Family | Evening in Host Family | Evening in Host Family | Evening in Host Family | Evening in Host Family |
| | | | | | | | | |